

My Prayer Journey Through Lent

name _____

HIGHS & LOWS

What are your highs? What gift from God has given you a warm fuzzy this week?



What are your lows? What stone has been dragging you down this week?



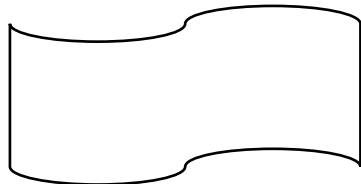
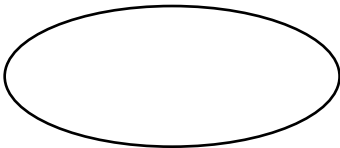
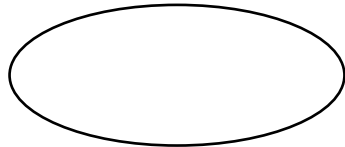
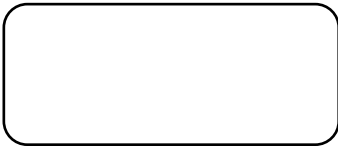
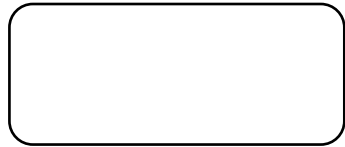
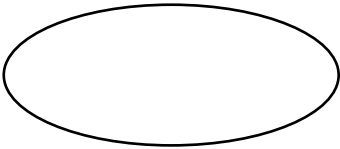
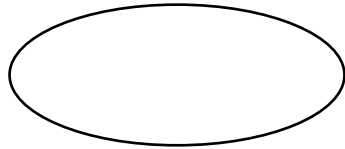
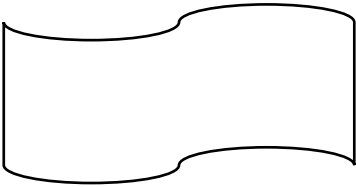
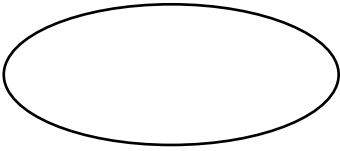
Confession & Forgiveness

For what do you need forgiveness? Use a white colored pencil to lightly trace the labyrinth, write or draw. Once you have given it to God, it is completely forgiven.



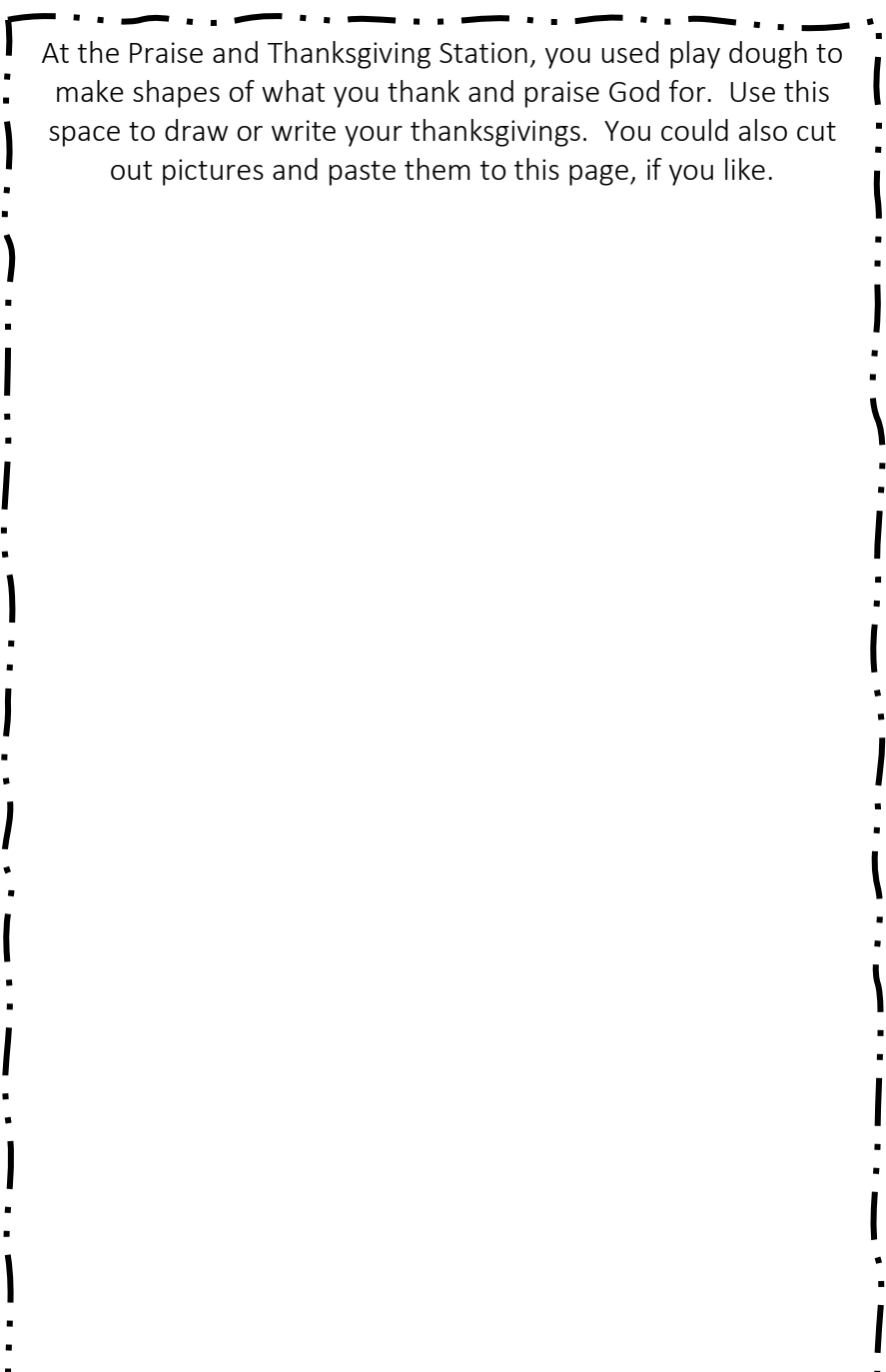
Intercession

For whom do you need to pray? Pray in Color using the ovals provided, or fill the page with names.



Praise & Thanksgiving

At the Praise and Thanksgiving Station, you used play dough to make shapes of what you thank and praise God for. Use this space to draw or write your thanksgivings. You could also cut out pictures and paste them to this page, if you like.

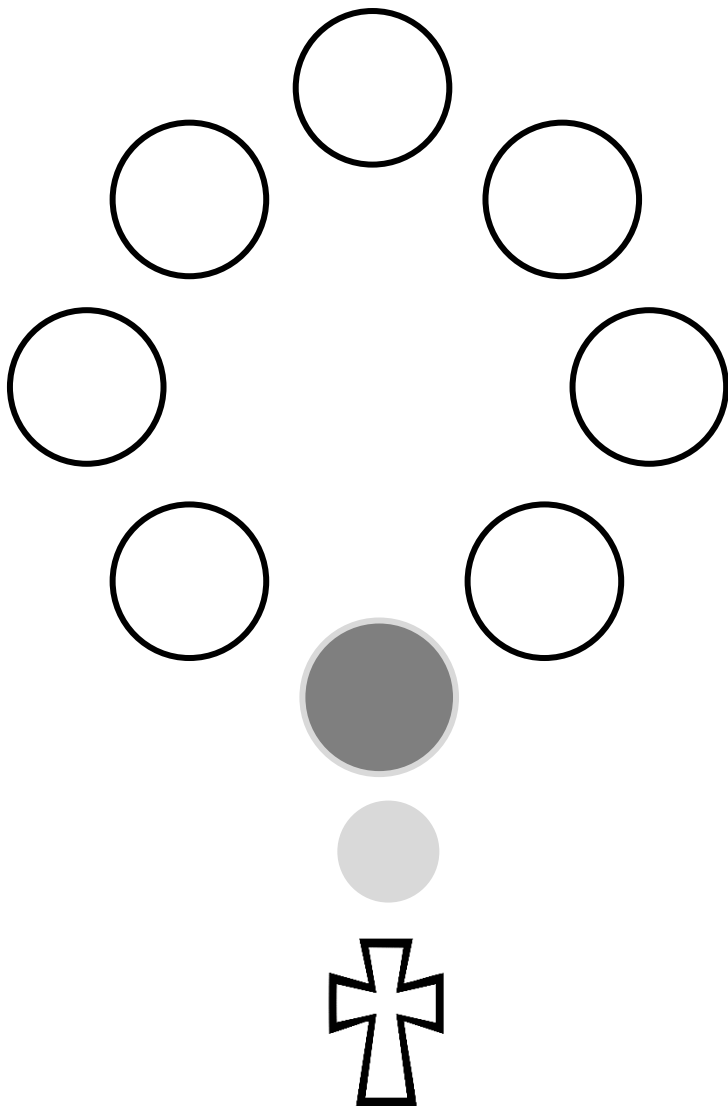


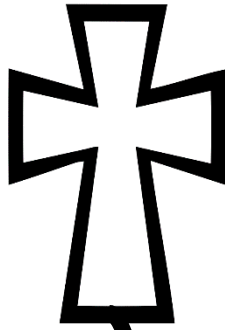
Petition

At this prayer station, you chose a small coloring sheet to color. You can tape that sheet to the box below, or keep a running list of those things you wish to ask for from God as the season progresses.

Contemplation

How is God speaking to you? Take some time during this season to listen for God. You may use your fingertip or the end of a pencil to rest on each "bead" as you spend on purpose time with God.





HIGHS & lows

Confession
& Forgiveness

Intercession

Praise &
Thanksgiving

Petition

Contemplation